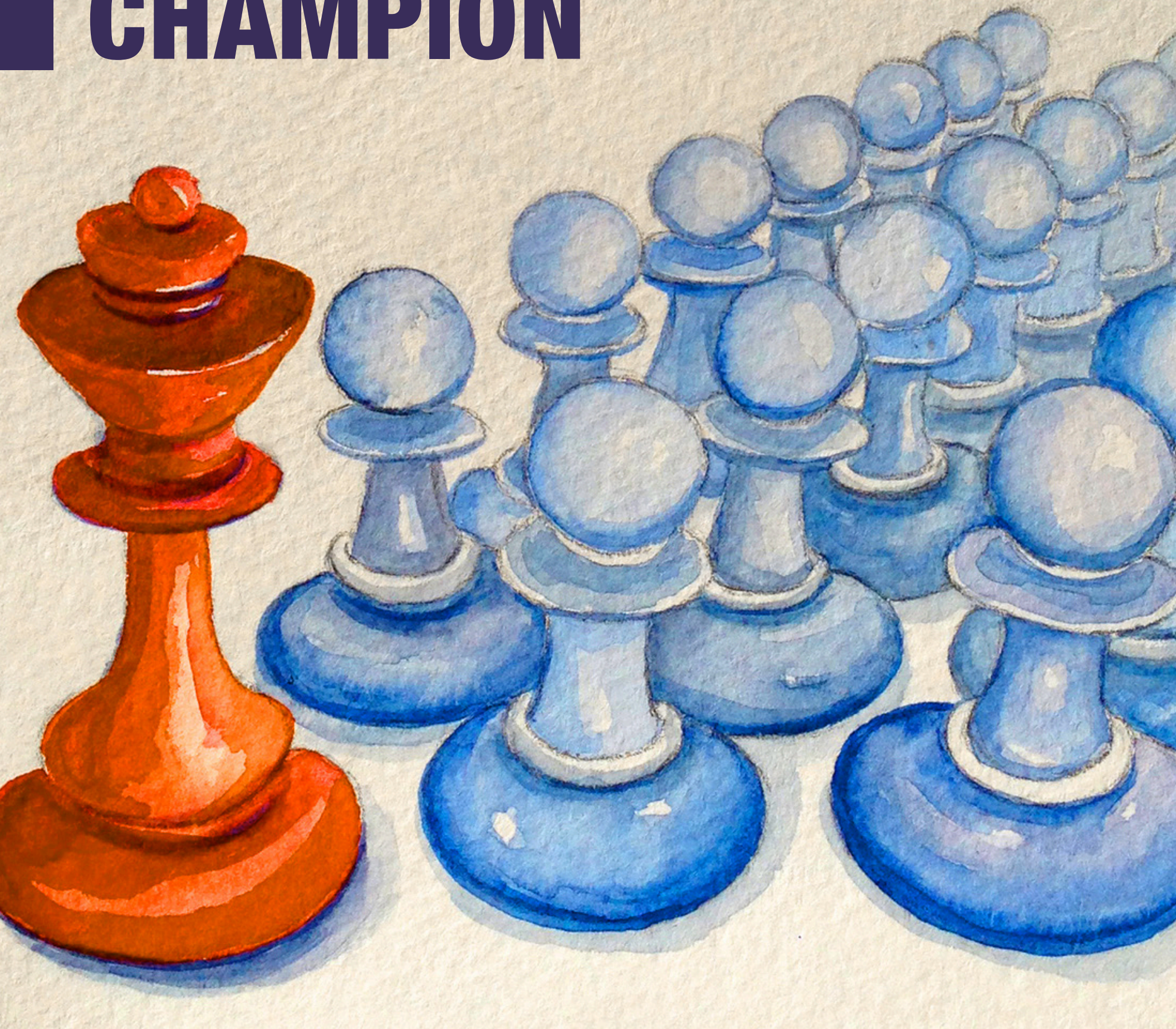


BE A CHANGE CHAMPION



Steady yourself prior to supporting your employees through an organizational change.

24 HOURS A DAY: 800-222-0364 | TTY: 888-262-7848 | FOH4YOU.COM

The EAP is a voluntary and confidential employee benefit available to federal employees at no cost.

EAP
FOH4You.com

PSC

FOH Federal
Occupational
Health
U.S. Department of Health and Human Services