

KNOW THE SIGNS AND TAKE ACTION

(800) 222-0364 TTY: (888) 262-7848 FOH4YOU.COM

EAP can help you 24 hours a day.

IDENTIFY WORKPLACE BULLYING



SPEAK UP

**SET CLEAR
BOUNDARIES**

KEEP A RECORD

**REPORT THE
BEHAVIOR**

The EAP is a voluntary and confidential employee benefit available to federal employees and their family members at no cost.

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