



# FINESSING YOUR FINANCES

## ACHIEVE YOUR FINANCIAL GOALS

TRACK YOUR MONEY

STICK TO BUDGETS

SET MILESTONES

START SAVING

**24**  
HOURS  
A DAY

**(800) 222-0364**  
TTY: (888) 262-7848  
**FOH4YOU.COM**

**GIVE US A CALL**  
for more information on finances.

The EAP is a voluntary and confidential employee benefit available to you and your family at no cost.

**EAP**  
FOH4You.com

**PSC** |  Federal  
Occupational  
Health  
U.S. Department of Health and Human Services