

# FUN AND BREEZY



Summer's here and it's time to enjoy the outdoors to the fullest. Just remember to put **safety first**:

- Re-apply sunscreen
- Drink water regularly
- Supervise children around water
- Take breaks from the heat
- Protect your eyes from UV rays
- Use the buddy system for safer swimming

For summer safety tips visit:

[FOH.psc.gov/SummerSafety](https://www.foh.psc.gov/SummerSafety)