



# FUN AND

# BREEZY



**Summer's here and it's time to enjoy the outdoors to the fullest. Just remember to put safety first:**

- Re-apply sunscreen
- Drink water regularly
- Supervise children around water
- Take breaks from the heat
- Protect your eyes from UV rays
- Use the buddy system for safer swimming

**For summer safety tips visit:**

**[FOH.psc.gov/SummerSafety](https://www.foh.psc.gov/SummerSafety)**