

*Living Healthy  
Working Well®*



*People Management*

## Build Better Management Skills

**Leadership can be lonely.** You're in a challenging and complex role if you are a supervisor, manager or other workplace leader. Your many tasks include motivating team members, improving their performance and helping them adapt to workplace changes.

Your program offers tools and resources that can help you learn to be a better leader.



Employee Assistance Program

*We care, just call.*

**1-800-222-0364**

1-888-262-7848 TTY Users  
[www.FOH4YOU.com](http://www.FOH4YOU.com)

This material was developed exclusively at private expense by Magellan Behavioral Health and its subcontractors and constitutes limited rights data/restricted computer software consistent with the provisions of FAR 52.227-14. Use of this material is authorized in connection with EAP services provided by Magellan Behavioral Health under contract no. HHSP23320075300DC and conveys no additional rights beyond those noted here.

P-M40E-FOH ©2012 Magellan Health Services, Inc.