



Learn to Manage ADHD

It's a challenge to the whole family when a family member has attention deficit/hyperactivity disorder. Parents and siblings sometimes get frustrated with the behavior problems ADHD can cause. But the right therapies and medications will help.

Access your program to learn coping strategies that can help your family manage better.



Employee Assistance Program
We care, just call.

1-800-222-0364

1-888-262-7848 TTY Users

www.FOH4YOU.com

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