



Medical Surveillance Program

The purpose of medical surveillance is to monitor the health of employees who work in settings where they may be exposed to occupational hazards. Federal Occupational Health (FOH) offers a complete spectrum of medical surveillance services that can be customized to meet each agency's unique needs.

FOH is a non-appropriated agency that provides occupational health and wellness services exclusively to federal employees. FOH was created by Congress in 1946 by an amendment to the Public Health Service Act (42 U.S.C.), and is a service unit within the Department of Health and Human Services (HHS), Program Support Center. Our **mission** is to improve the health, safety, and productivity of the federal workforce.

Through FOH's Medical Surveillance Program employees receive periodic medical evaluations and testing designed to detect the earliest clinical evidence of occupational exposure. FOH's medical surveillance assessments not only monitor employees for the presence of adverse health effects, they also determine the effectiveness of exposure prevention strategies. In addition, our medical surveillance program includes the analysis of both individual and aggregate surveillance data over time, with the goal of reducing and ultimately preventing occupational illnesses and injuries.

FOH medical surveillance services comply with Occupational Safety and Health Administration (OSHA) mandates and other federal regulations. Our multidisciplinary team consists of occupational health physicians, nurses, industrial hygienists, safety and other health professionals. FOH provides the following medical surveillance services:

Evaluation of Exposure Risk

FOH's medical surveillance specialists can assess the risk and nature of employee exposures by analyzing job tasks, hazard inventories, environmental data, occupational histories, and the use of personal protective equipment.

Select Personnel for Surveillance

FOH can help your agency develop the appropriate standards and selection criteria for inclusion in your medical surveillance program.

Select Screening Tests and Examination Components

FOH can analyze specific exposure risks and recommend the most appropriate testing schedule that will both comply with OSHA guidelines and keep costs low.

Perform Tests and Examinations

FOH's medical staff can perform baseline, pre-placement, periodic, and exit physical exams at one of FOH's 300 work-site Health Centers or at one of our hundreds of network private providers located throughout the country. FOH will work with your agency to ensure convenient and economical access to all appropriate services.

Interpret Results and Trends

FOH's medical team can interpret findings for individual employees as well as screen for patterns or trends among groups of employees. Using a variety of sophisticated health information management systems, FOH can provide both standard or specialized reports and analyses can be prepared to help you track exposures, services, findings, problems, progress, and employee and program readiness.

Provide Results and Recommendations

FOH can provide comprehensive, customized summaries of findings, clearances, and recommendations to both employees and designated managers. Reporting procedures will protect employee confidentiality while meeting your agency's specific reporting requirements.

Maintain Occupational Health Records

All medical records maintained for customer agencies by FOH are kept secure and strictly confidential in accordance with the Privacy Act of 1974, applicable Office of Personnel Management (OPM), OSHA, and agency regulations.

Provide Training and Consultation

FOH can provide individual or group training on exposure prevention and risk reduction strategies for hazards such as lead, asbestos, blood borne pathogens, noise hazards, or other occupational health topics. FOH can also develop agency-specific training materials.

On-site or telephone consultation with an occupational medical specialist is available at any time.

FOH, the Occupational Health Provider of Choice for the Federal Government

The mission of FOH is to improve the health, safety, and productivity of the federal workforce. Created by Congress in 1946, FOH is a non-appropriated service agency within the Department of Health and Human Services (HHS), Program Support Center.

Federal agencies throughout the U.S. and overseas can access FOH services. FOH provides worksite health services, Wellness/Fitness, Employee Assistance Programs (EAP), Work/Life, Environmental Health and Safety, Organizational and Professional Development, and Training and Education.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at www.foh.dhhs.gov or call us today at **1-800-457-9808**.
