

BOUNCING BACK



A HELPING HAND ON YOUR PATH TO GREATER RESILIENCY

Employee Assistance Program can help with ideas for being more balanced and resilient.

24
HOURS A DAY

EMPLOYEE ASSISTANCE PROGRAM
1-800-222-0364
(TTY: 1-888-262-7848)
FOH4You.com



PSC

EAP

Services are confidential and offered to you and your family members as a FREE agency-paid benefit.