

Spicy Green Beans

Ingredients:

- 1 can cut green beans
- 1 can mushrooms
- ½ jar Pace Picante Sauce
- Shredded parmesan cheese (to taste)

Directions:

1. Drain both cans of vegetables.
2. Sauté green beans and mushrooms to desired tenderness in a pan sprayed with cooking oil.
3. Combine vegetables with picante sauce (approximately ½ of the jar or to your liking).
4. Sprinkle all with shredded parmesan cheese.

Can be served with a baked skinless and boneless chicken breast that is sprinkled with salt, pepper, and smoked paprika. When chicken is done, sprinkle with a little of the shredded parmesan cheese and put back into oven to bake until cheese is melted.

This dish has lots of colors, great tastes, and is very healthy. It's also a great Weight Watchers meal.

Recipe Source: recipe made up by Gaila Scoggins

Shared by: Gaila Scoggins

Registered Dietician Notes:

Calories: 50
Protein: 2 g
Carbohydrates: 5 g
Fat: 0 g