

## March Mayhem Challenge FedStrive Registration Instructions

### Existing FedStrive Members

- Login with your name and password at <https://fedstrive.foh.hhs.gov/>
- select “MMC: Enroll Here” under Programs
- you will automatically be assigned to your agency

*Having a current HRA completed within a year is required to participate in the website version of MMC, therefore you may be prompted to complete one prior to enrollment.*

### New FedStrive Members

- visit <https://fedstrive.foh.hhs.gov/>
- select “Create New Account” in the upper right-hand corner
- You will get a small window that asks you to select your agency.  
(Select “Other Agency,” which is the last entry in the dropdown menu, if you don’t see your agency or location listed.)
- Write in your enrollment code\*: \_\_\_\_\_.  
(Your FOH onsite health care provider will give this code to you.)
- Enter in your Agency and Sub-Agency.
- Create your own login identification and password.  
Your password needs to contain at least eight characters with one capital letter, one lowercase letter, one number, and a special character like !, ^, @, etc., for example, P@ssw0rd.
- Enter the rest of your enrollment information.
- Important: Before you click “Submit,” make sure you record your login and password for future access to the site.
- Review the privacy notice. Select “Accept” to complete your health risk appraisal (HRA). You can review your results instantly upon completion.
- select “MMC: Enroll Here” under Programs on your home page
- you will automatically be assigned to your agency

*\* If you do not have your four-digit code, please contact your local Federal Occupational Health – Health Unit or email your inquiry to [FedStrive@foh.hhs.gov](mailto:FedStrive@foh.hhs.gov).*

For help with the registration process feel free to contact FedStrive by email at:  
[FedStrive@foh.hhs.gov](mailto:FedStrive@foh.hhs.gov)