

TRAVEL VIRTUALLY | STAY ACTIVE | EXPLORE NATURE



# GREAT OUTDOORS CHALLENGE

**JUNE 1ST – JUNE 26TH**

**REGISTER TODAY** Registration for the Great Outdoors Challenge kicks off May 18th. Sign up at [FOH.hhs.gov/GOC](https://www.foh.hhs.gov/GOC) through May 29th.

**GET MOVING** This four-week activity challenge really takes you places. The fun starts on June 1st when you embark on your virtual journey from sunny Key West.

**BE A WINNER** All participants who accumulate 1,000 minutes of activity—making their way virtually from Key West all the way to Seattle—will receive a Great Outdoors Challenge certificate of achievement. Join the fun and step up to the challenge today!

[FOH.hhs.gov/GOC](https://www.foh.hhs.gov/GOC)

